

# Arts & Wellbeing\*

**UCAS Code: AAWB**

**Duration: 3 years | Full-time | Hope Park & Creative Campus | 2024/2025**

Placement year opportunities available



## Course Overview

The recognised areas of benefit for arts and wellbeing initiatives are significant in breadth, ranging from mental health, trauma, special educational needs, addiction, dementia, as well as to ideas linked to more generalised civic wellbeing.

Such initiatives have been accompanied by a significant growth in employment opportunities, ranging from specialist art/music/movement therapists through to senior appointments in national, regional, and local government, health, and educational organisations.

This course will provide you with the knowledge and understanding of the practices and histories of arts and wellbeing interventions; as well as equipping you with the knowledge and critical understanding of the role and function of creativity for wellbeing.

It will equip you with the necessary skills for project management of arts and wellbeing interventions and the processes by which they can be created, realised, managed, distributed and documented to benefit many sectors of society – the elderly; the disabled; children in poverty; people in recovery from substance abuse and so on.

This course will also provide students with the relevant digital and technical skills needed to develop sophisticated approaches to arts and wellbeing interventions.

## Entry Requirements

This course follows the standard University entry requirements. Please see the website for further information..

*\*Subject to validation*

## Fees and Additional Costs

The tuition fees for 2024/2025 are £9,250 for full-time undergraduate courses.

You will also need to consider the cost of your accommodation each year whilst you study at university.

Visit our accommodation webpages for further details about our Halls of Residence:  
[www.hope.ac.uk/halls](http://www.hope.ac.uk/halls)

Applicants will need access to a computer if course delivery is switched to online. The University has a laptop lending service if remote study is necessary.



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## CONTACT

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[www.hope.ac.uk](http://www.hope.ac.uk)

# Arts & Wellbeing Curriculum

## Year One

You will participate in a series of applied sessions:

- Introduction to Ideas of Arts and Wellbeing
- Introduction to Applied Arts
- Creative Communities
- Practical studio sessions

You will also participate in specific technique classes depending upon your creative specialism eg:

- Music instrument/voice (1-to-1); and will also join at least one of the large ensembles/choirs
- Dance (small group tutorial)
- Drama (small group tutorial)
- Film/Photography/Digital Media (small group tutorial)
- Arts Materiality (small group tutorial).

Theory sessions will explore:

- What is Wellbeing?
- The importance of access to culture and creativity
- Review existing social problems, social determinates of health and wellbeing.

Seminars (a mix of practical and theoretical delivery)

- An Introduction to Perception and Wellbeing
- An introduction to Creative Communication, Expression and Reflection and Wellbeing.

## Year Two

You will participate in a series of applied sessions:

- Exploration of Applied Arts
- Do the Arts Really Matter?
- Development of devising performance for communication
- Medium and material responses to environment for reflection

You will also participate in specific technique classes depending upon your creative specialism eg:

- Music instrument/voice (1 to 1); and will also join at least one of the large ensembles/choirs
- Dance (small group tutorial)
- Drama (small group tutorial)
- Film/Photography/Digital Media (small group tutorial)
- Arts Materiality (small group tutorial)

Theory sessions will explore:

- Costs/Benefits to society of arts and wellbeing
- Enhancing access to arts and culture via technologies
- Mental Health and Physical Disability and the Arts
- Poverty and the Arts.

## Year Three

You will participate in a series of applied sessions:

- From within the industry
- Public Arts and Civic Pride?
- Advanced devised performance
- Medium and materials responses to environment for reflection

You will also participate in specific technique classes depending upon your creative specialism eg:

- Music instrument/voice (1 to 1); and will also join at least one of the large ensembles/choirs
- Dance (small group tutorial)
- Drama (small group tutorial)
- Film/Photography/Digital Media (small group tutorial)
- Arts Materiality (small group tutorial)

Theory sessions will explore:

- Digital Technology for Creative Wellbeing
- Inclusion and Arts
- Arts and Wellbeing Project
- Placements
- Dissertation

## COURSE STRUCTURE

Teaching on this degree is structured into lectures, where all students are taught together, seminars of smaller groups, one-to-one meetings, and workshops - some of which will be practical in nature, while others will be classroom based.

In your first year of study there are approximately 12 teaching hours per week, which decreases to approximately 10 teaching hours in your second and third years. As well as teaching hours, you will be expected to spend a number of hours working independently each week, as well as working in groups to prepare for any group assessments you may have.

## ASSESSMENT AND FEEDBACK

Assessment will be a mixture of presentations, essays, creative portfolios. You will be given written feedback on your assessments, and you will have the opportunity to discuss this with your tutor in more detail.



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