

Sport & Physical Education BA (Hons)

UCAS Code: C601 | Duration: 3 years | Full-time | Hope Park | 2018/19

Work placement opportunities | International students can apply



Course Overview

Our Sport and Physical Education degree helps you gain in-depth knowledge about the effect of sport, physical education and activity on individuals and society as a whole. The degree will allow you to explore the impact of sport at the individual, team, organisational and wider community level, from grass roots through to the elite.

Studying Sport and Physical Education at Liverpool Hope University gives you a skills-based theoretical, practical and applied experience which is underpinned by a foundation in subject knowledge and research skills. These include applied and theoretical approaches to sport psychology, performance and technique, sport analysis, sport development, sociology and history, and coaching science and development.

Within all disciplines you will approach the effect of sport, physical education and activity on individuals and society as a whole, emphasising the ethical issues relating to competition, participation and also the issues relating to health and wellbeing. You will be taught by a team of lecturers who are all experts in their field and widely published. You also have full access to the multi-million pound, state-of-the-art Health Science Building and Sports Complex, incorporating a running track, dedicated research space and new teaching laboratories.

Entry Requirements

The standard offer level is between BBB-BBC from A levels or DDM-DMM from BTEC, or 120-112 UCAS tariff points

Fees and Additional Costs

The tuition fees for 2018/19 are £9,250 for full-time undergraduate courses.

On top of your tuition fees, you will need approximately £200 to cover the cost of any fieldtrips and to buy core textbooks for the degree.

You will also need to consider the cost of your accommodation each year whilst you study at university.

Visit our accommodation webpages for further details about our Halls of Residence: www.hope.ac.uk/halls/



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Sport & Physical Education

BA (Hons) Curriculum

Year One

Foundations in Sport and Physical Education

Your first year provides you with the knowledge of the key themes that underpin Sport and Physical Education. You will study the psychology of sport and individual differences, as well as the principles and practice in physical education. You learn about the codification and history of sport, and the development of sport in the community. You also explore motor control and the development of skill learning.

You will compare the individual differences and impact on sporting performance, as well as the impact of sport on local and national identity.

If you study Sport and Physical Education as a Single Honours degree, you will also study the fundamentals of anatomy and physiology, and movement science.

Year Two

Explorations in Sport and Physical Education

In your second year, you broaden your knowledge of sporting education and values. You will look at the implementation of policy and practice, and the constructs and applications of sport psychology. You learn about working in the sporting sector and key theories of sport management and governance. You also explore themes around participation in sport health and wellbeing.

Single Honours students will also study the biomechanics of movement, metabolism, coaching science and motor control.

Year Three

Advanced Studies in Sport and Physical Education

In your final year, you hone your subject-specific research interests by completing a dissertation. You also learn about psychological skills training, and preparation and applied sport performance. You study diverse populations and coaching science, and will explore research trends in sport. You also study what is involved in hosting a major sporting event.

Single Honours students also study applied coaching science, advanced motor control, and the physiology of health.

Work Placement Opportunities

You will have the opportunity to gain annual summer employment and full-time graduate positions in North America with one of Liverpool Hope University's partner companies in America and Canada.

COURSE STRUCTURE

Teaching on this degree is structured into lectures, seminars and tutorials. You will also have practical sessions both on campus and at Plas Caerdeon, the University's Field Centre in Snowdonia National Park, Wales. You will also have the opportunity to have a one-to-one meeting with your tutor each week.

If you are studying a Single Honours degree, in your first year of study there are approximately 12 teaching hours each week, which reduces to approximately 10 teaching hours in your second and third years. If you are studying a Combined Honours degree, in your first year of study there are approximately 6 teaching hours each week, which reduces to approximately 5 teaching hours in your second and third years.

On top of teaching hours, you are also expected to spend a number of hours studying independently each week, as well as studying in groups to prepare for any group assessments that you may have.

ASSESSMENT AND FEEDBACK

You will have a number of assessments, including written exams, essays, reports, laboratory logs/diaries, portfolios, case studies, a presentation and a literature review. In your final year you complete a dissertation research project.

You will be given written feedback on your assessments, and you will have the opportunity to discuss this with your tutor in more detail.



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