

# Liverpool Hope University

## Risk assessment proforma

Faculty/Department	All departments	Brief description of event/visit/activity:	First aid during Covid-19 Pandemic		
Location:	All Campuses	Assessment carried out by:	John Berry	July 2020	

SPECIFIC ASPECT OF EVENT/VISIT/ACTIVITY:								
What are the hazards?	Who might be harmed?	What could be the harm be?	What is the risk level?*	What are the existing measures to manage the risk effectively?	Is any further action or information required?	Action by:		
						Who	When	Completed
First Aid Incident	staff students visitors	Illness/injury	High	Only personnel with a current certified First Aid qualification to respond to first aid incidents.	First Aid refresher training, defibrillator training. Follow current Government and HSE guidelines	Campus Manager/H&S Advisor	Annually	
Cross contamination	First Aider staff students visitors	High	High	Be aware of yourself and others when approaching patient. PPE – to be provided with individual face visor for each Campus Services staff. The first aider must wear gloves, apron and a visor when dealing with all first aid incidents. Following incident dispose of gloves safely. Wash hands for over 20 seconds,	Follow current Government and HSE guidelines on PPE requirements.	Campus Manager PPE stock checks	Weekly	
COVID -19 symptoms	All	High	High	Call 999 immediately. Speak to the emergency call operator for directions. No physical contact	Contact University local track and trace facility. Follow current Government and HSE guidelines.	Managers-review guidance.	Monthly	

				with patient. First Aider, patient and others to retain a 2 metre social distance from each other.				
Cross contamination	First Aider staff students visitors	Infection/Covid-19	High	If patient is conscious and a non-emergency incident. First Aider, patient and others to retain a 2 metre social distance from each other. No physical contact unless necessary. Patient to dress own wounds/injuries and administer self-aid if able	Follow current Government and HSE guidelines.	Managers-review guidance	Monthly	
Unconscious casualties/seizure	First Aider staff students visitors	Infection/Covid-19	High	First Aider should only physically touch unconscious casualties when necessary e.g. to place them in the recovery position.	Phone 999. Speak to the emergency call operator for directions.			
CPR	First Aider staff students visitors	Infection/Covid-19	High	Phone 999. No rescue breaths should be used only compressions. A resuscitation aid with one way valve should be used to cover the mouth and nose of the patient.	Speak to the emergency call operator for directions.			
Cuts and abrasions	First aider staff students visitors	Infection/Covid-19	Medium	Patient to dress own wounds/injuries and administer self-aid if able. Gloves, visor and apron should always be worn Wash hands for at least 20 seconds before and after treating a patient	Follow current Government and HSE guidelines	Managers-review guidance	Monthly	

## **Comments and significant**

The spread of SARS-CoV-2 is most likely to happen when there is close contact with an infected person and the risk increases the longer someone has close contact with them. There are two routes a person can become infected.

- Directly transferred secretions into the mouth or noses of people who are nearby or possibly via inhalation into the lungs e.g. droplets from coughing or sneezing.
- Through direct contact from touching a person, a surface, or an object that has been contaminated with respiratory secretions and then touching their own mouth, nose or eyes.

Good hygiene practices are essential for first aiders dealing with any first aid occurrence, hand washing or sanitising should take place before and immediately after dealing with a first aid incident.

Where possible try and get the patient to administrate self-aid with your support.

This Risk Assessment only highlights a sample and most common First Aid incidents.

## **Keeping yourself safe**

- Wash your hands before and after treating a patient.
- Ensure you do not cough or sneeze over a patient when you are treating them.
- Wear gloves when treating any first aid incident.
- Dispose of any waste safely in a hazardous waste bin if available or double bag it into a waste bin.
- Wear a visor when dealing with any serious first aid incidents.

## **What to do if you are required to provide CPR**

- Recognise Cardiac arrest by looking for the absence of signs of life and the absence of normal breathing. Do not listen or feel for breathing by placing your ear and cheek close to the patient's mouth. If you are in any doubt about confirming cardiac arrest the default position is to start compressions until help arrive.

- First aiders to use a resuscitation aid with one way valve making sure they can still breathe.
- Early use of a defibrillator significantly increases the person's chance of survival and does not increase the risk of infection.

### **Remember your own needs**

Make sure you take time to talk about your fears and concerns with someone you trust and take time out to look after yourself. If you have an urgent concern contact the Campus Manager direct.

### **Following First Aid Incident**

Record the details on a University First Aid Incident form. Record incident in detail. List the names all personnel involved and present during the incident. Re-stock first aid box.

All First Aiders to read and sign this form to indicated they understand this Risk Assessment.