

NOVEMBER WHAT'S ON GUIDE AT HOPE PARK



LIVERPOOL
HOPE
UNIVERSITY

Residential Life



HOPESU

ALL EVENTS ARE OPEN TO ALL STUDENTS, RESIDENT AND NON-RESIDENT.

SEXUAL VIOLENCE AWARENESS WEEK: 8TH - 14TH NOVEMBER

SU and SDW instagram for more information for events.

MONDAY 8TH NOVEMBER

Reslife Movie Night

7.30pm, Our Place

It's never too early to start watching Christmas movies. Message lhu_residential_life instagram with your movie suggestions.

TUESDAY 9TH NOVEMBER

PLANT SALE

12pm, Cornerstone Building @ Creative Campus

All proceeds will be donated to YPAS, a local mental health charity that helps children and young people.

SU Movie Screening

5pm, LTC

Oceans' Eight

TREE PLANTING

7pm, Venue TBC

SU instagram for more information



WEDNESDAY 10TH NOVEMBER

STAYING SAFE IN THE CITY TALK WITH RASA

12pm - 1pm, LTC

SU Instagram for more information



Police Visit

2pm - 3pm, LTC

Sexual Violence Q&A - Question Box located in Gateway Building

THURSDAY 11TH NOVEMBER

Remembrance Day Service

11.00am, The Hope Chapel

A minute's silence to remember all those who lost their lives in theatres of war across the world. If members of the Hope Community are not able to join for the service take a moment's silence wherever you are.

FRIDAY 12TH NOVEMBER

GIRLS NIGHT IN

7.30pm, Our Place

Girls just wanna have Fun! All the best Girl power Anthems, dance the night away and enjoy drink promotions.



SATURDAY 13TH NOVEMBER

World Kindness Day

Show some Kindness to yourself and others. SDW instagram for more information.

SUNDAY 14TH NOVEMBER

SELF DEFENCE CLASS FOR FEMALES

10:30-12am & 1pm - 3:30pm, Hope Park Sports

Improve your confidence and learn from Martial Arts expert Lexe from Liverpool Yoga Studios



ALCOHOL AWARENESS WEEK

15th - 21st November

Check SDW Instagram for more information.

MONDAY 15TH NOVEMBER

Reslife Movie Night

7.30pm, Our Place

FRIDAY 19TH NOVEMBER

International Men's Day

Celebrate the positive male role models in your life. Let's raise awareness of men's mental health.

Check SDW and Hope Social Instagram for more information

THE MOVEMBER QUIZ

7.30pm, Our Place

Can you guess the Moustache? Celebrate International Men's day with our Movember Quiz

MONDAY 22ND NOVEMBER

Reslife Movie Night

7.30pm, Our Place

TUESDAY 23RD NOVEMBER

Bake off Live Final

8pm, Our Place

Join us to decorate some sweet treats and watch the Bake Off Final!

FRIDAY 26TH NOVEMBER

INTERNATIONAL PARTY

7.30pm, Our Place

Drumming workshop, Cultural Nibbles, Entertainers, Dancing and Music. All Welcome!

The Famous £1 Lunch @ The Chaplaincy

Every Monday @ 12.30pm - 1.30pm

Come and meet some new people while enjoy some delicious Lunch for only £1. You can add the Chaplaincy £1 Lunch to your basket in the Hope Online Store. Everyone Welcome!

Regular Services:

Catholic Mass @ Hope Chapel

Every Sunday @ 6pm followed by a meal in the Chaplaincy. Every Thursday @ 12.15pm

Anglican Service of Holy Communion @ Hope Chapel

Every Wednesday @ 5pm followed by tea and coffee served in the Chaplaincy.

November Remember Service @ Hope Chapel

Every Wednesday @ 1pm. A short service to remember loved ones we no longer see.

Sports Complex Membership - Hope Park Sports

Every Monday @ 12.30pm - 1.30pm Register for your Hope Park Sports - Sports Complex Membership. Memberships cost a one-off yearly payment of £25.00. Once registered you will be able to make use of the fitness suite, fitness classes and specific areas of facility hire. Sign up via the Online Store.

Fitness class Timetable - @ Hope Park Sports

Combination of weekly fitness classes ranging from high intensity classes such as Boot camp, Cardio+, TRXtra and lower intensity like Yoga. Classes require booking and to sign up you must be a Sports Complex Member.

Students can enjoy a 10% discount from: FOOD COURT (all day), CAFÉ 1846 (all day) & OUR PLACE (from 5pm) until 17th December when they show their student ID card at the till.

As well as great deals at the bar in OUR PLACE from 2pm - 10.30pm Monday - Friday and 3pm - 10pm on Saturdays.